PERCUSSIONIST TECHNIQUE

1. Put your feet, knees, legs, muscles, neck, head and arms relaxed, but in balance
2. Head to the front but looking on the bars
3. Hold the sticks gently
4. Lift the sticks without exceeding a 90° angle
5. Your palm should be parallel to the ground
6. Your wrist must be flexible to strike
7. Place sticks near the bars
8. Strike at the center of the bars
9. Bounce the sticks off the bar
10. Use two sticks with alternating and moderate volume

PRACTISE GROUP

1. The natural state of the music is silence
2. Relax to concentrate better
3. Pay attention to the instructions of the Director / Professor
4. Practise the phrases and voice: first the rhythm, after the notes and then finally play with the instrument
5. We will repeat each phrases until everyone play easily at the same time
6. Read the score carefully with all expressions of tempo, dynamics and tone
7. Listen to other voices when you play
8. You will do better if you understand the score, analyze it and make your project
9. The rehearsal is a preparation for the concert
10. Enjoy the performance
11. Put the bars and the sticks in their place when you finish

INDIVIDUAL WORKING FORMULAS

1. Work each day before starting the percussionist technique
2. Use your glockenspiel at home for study and memorization of the score
3. For remembering phrases: first the rhythm and then the notes
4. Use the correct technique: alternating hands (RL / LR). Do not use two R or two L if you can. Three consecutive notes with the same hand is not right, even if it is the same note
5. Do not cross the sticks